

GBCC COVID safety 2020-21: Senior players, parents and friends guidelines

COVID safety basics for GBCC members

- Stay home if you have any cold-like or flu-like symptoms or have been in contact with a diagnosed case of COVID-19 in the last 14 days.
- Get in, train or play, get out.
- Keep your distance from others – 1.5 metres.
- Wash or sanitise your hands regularly.
- Download and activate the [COVIDSAFE app](#), as recommended by Cricket Australia.

You must follow the instructions of your captain/COVID marshal in relation to COVID safety. Be aware that they are doing their best to help keep our club and community safe.

At training

- Bring your own equipment – no sharing pads, gloves, WK gloves, protectors and helmets.
- Enter and exit the training venue as instructed by the COVID marshal or committee members.
- Complete the attendance register when you arrive either by scanning the QR code or the [sign-in link on the GBCC club website](#).
- Place your kit in the area designated for your training session. Space kits 1.5 m apart.
- Place your equipment carefully into your own kit after using it.
- Bring your own filled water bottle, plus plenty of extra water.
- Use the hand sanitiser provided regularly.
- Do not touch other participants. This includes high fives, handshakes, hugs and other physical contact.
- Do not shine balls with saliva or sweat at any time.
- Do not spit or clear nasal passages.
- Place all used tissues and wipes in the bin or garbage bag provided.

At games

- Bring your own equipment and your own chair. No sharing of chairs.
- Enter and exit the match venue as instructed by your team's Captain/COVID marshal.
- Place your kit in your team's designated area. Space kits 1.5 m apart.
- Place your equipment carefully into your own kit after using it.
- Bring your own filled water bottle, plus plenty of extra water and food.
- Use the hand sanitiser provided regularly.
- Maintain 1.5 m between yourself, other players and officials at all times (unless you're keeping up to the stumps or in the slips).
- Do not touch other players. This includes high fives, handshakes, hugs and other physical contact.
- Do not shine balls with saliva or sweat at any time.
- Do not spit or clear nasal passages.
- Place all used tissues and wipes in the bin or garbage bag provided.

Parents/spectators are permitted at games as per the NSW Chief Health Officer guidelines, (See link for current guidelines <https://www.sport.nsw.gov.au/novel-coronavirus-covid-19>). Visitors must sign in using the GBCC QR code or the [sign-in link on the GBCC club website](#). They should also bring their own chair (and sunshade if necessary) and stay at least 1.5 m from all other spectators.

Questions?

- Check the GBCC COVID safety 2020-21: FAQs.
- Contact the GBCC COVID coordinator, Peter Crew: covid@gbcc.com.au
- Check out [Cricket Australia's guidelines to Clubs and Participants regarding COVID-19](#).

Current as of 8.10.2020. Will be updated as advice changes.